

Milton Keynes

Alzheimer's
Society

Leading the
fight against
dementia

Services, Groups and Activities Summer 2016

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| Dementia Support | Dementia support workers provide information and support to people with dementia and their carers by telephone and face to face. Visits can be arranged in people's homes or at our office. If you would like to speak to someone, please telephone to arrange a suitable appointment. |
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| <u>Service</u> | <u>Location</u> | <u>Frequency</u> | <u>Time</u> |
|---|--|--|-------------------|
| 'All Hands on Deck' Activity Group (For people with dementia under 65) | Margaret Powell House, Central Milton Keynes MK9 3BN and various locations | Monday, fortnightly 25 Jul; 8 & 22 Aug; 5 & 19 Sep | 2pm - 4pm |
| Activity Group | Swinfen Harris Hall, London Road, Stony Stratford MK11 1JA | Every Tuesday | 10am - 12pm |
| Activity Group | Shenley Wood Village, Chalkdell Drive, Shenley Wood MK5 6GJ | Last Tuesday of the month 26 Jul; 30 Aug; 27 Sep | 2pm - 4pm |
| Activity Group | West Bletchley Community Centre, Porchester Close, Bletchley MK3 6BH | Wednesday, fortnightly 13 & 27 Jul; 10 & 24 Aug; 7 & 21 Sep | 1.45pm - 3.45pm |
| Activity Group | Springfield Centre, Springfield Boulevard, MK5 3JH | Every Thursday | 1.30pm - 3.30pm |
| Carer Support Group | Margaret Powell House, Central Milton Keynes MK9 3BN | Wednesday, fortnightly 6 & 20 Jul; 3, 17 & 31 Aug; 14 & 28 Sep | 10.30am - 12.30pm |
| Carer Support Group (with Carers MK) | Lovatt Fields Village, Brickhill Street, Willen MK15 9LE | 1st Friday of the month 1 Jul; 5 Aug; 2 Sep | 10 - 11.30am |
| Carer Support Group (with Carers MK) | Shenley Wood Village, Chalkdell Drive, Shenley Wood MK5 6GJ | 2nd Monday of the month 11 Jul; 8 Aug; 12 Sep | 11 - 12.30pm |
| Carer Support Group (with Carers MK) | Parkside GP Surgery, Whalley Drive, Bletchley MK3 6EN | Last Wednesday of the month 27 Jul; 31 Aug; 28 Sep | 1.30pm - 3pm |
| Carer Support Group (with Carers MK) | The Library, High Street, Olney MK46 4EF | First Thursday of the month 7 Jul; 4 Aug; 1 Sep | 2pm - 3.30pm |
| Singing for the Brain | The Peartree Centre, Chadd Lane, Central Milton Keynes MK6 3EB. | Monday, fortnightly 4 & 18 Jul; 1 & 15 Aug; 12 & 26 Sep | 10.30am - 12.15pm |
| Singing for the Brain | Abbey Hill Golf Centre, Monks Way, Two Mile Ash, Milton Keynes, MK8 8AA | Monday, fortnightly 4 & 15 Jul; 1 & 15 Aug; 12 & 26 Sep | 2pm - 3.45pm |

If you are interested in attending any of these groups, please contact the office on 01908 232612 to register your interest.

See reverse for a description of the services available
Alzheimer's National Helpline Number 0300 222 1122

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